

## 3 Strikes

1: Someone Asks Me

2: Someone Reminds Me

3: Someone TELLS Me

4: You're Out!

# How Can I Get In The Green Zone?



Eat a Snack



Alone Time



Go On a Walk



ROY G BIV



Get a Drink



5 Senses



Dance It Out



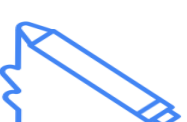
Craft



Self Regulate



Count to 50



# What Zone Am I In?



Blue:



Green:



Yellow:



Red:



What Happens If I Do Not Listen?

Toy Taken Away

Extra Chore

No TV

No playing with friends